Please take a moment to give us your input on today’s session.

Today’s activities taught me skills to improve my memory and concentration.

Today’s activities taught me skills for setting goals for in my life.

Today’s activities taught me skills for establishing priorities in my life.

I feel better prepared to take action steps toward my goals and priorities for my life.

What did you like about today’s session?

__________________________________________________________________________________________

__________________________________________________________________________________________

What did you not like about today’s session?

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__________________________________________________________________________________________

Do you have any other comments?

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__________________________________________________________________________________________

Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities taught me to better understand my immune system.

Today’s activities taught me to better understand HIV, Hepatitis B, and Hepatitis C.

Today’s activities taught me skills for gaining and maintaining a partnership with my health care provider.

I feel better prepared to adhere to recommendations made by my medical providers.

What did you like about today’s session?

________________________________________________________________________________________
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What did you not like about today’s session?

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Do you have any other comments?

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Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities taught me to identify the harms associated with injection drug use.

Today’s activities taught me to how to reduce the cravings brought on by certain cues.

I feel better prepared to take action steps toward reducing harm and cravings.

What did you like about today’s session?

________________________________________________________

What did you not like about today’s session?

________________________________________________________

Do you have any other comments?

________________________________________________________

Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities taught me to identify unsafe sex practices and the harm associated with them.

![Rating Scale]

Today’s activities taught me skills for reducing harm during sex (i.e. selecting and safely using condoms).

![Rating Scale]

I feel better prepared to take action steps toward my goals and priorities for my life.

![Rating Scale]

What did you like about today’s session?

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What did you not like about today’s session?

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Do you have any other comments?

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Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities taught me skills for effective communication.

![Rating Scale]

Today’s activities taught me skills to negotiate harm reduction with my partner.

![Rating Scale]

Today’s activities taught me ways that I can eroticize safer sex practices.

![Rating Scale]

I feel better prepared to communicate and negotiate safer sex practices.

![Rating Scale]

What did you like about today’s session?

_________________________________________________________________________________________
_________________________________________________________________________________________

What did you not like about today’s session?

_________________________________________________________________________________________
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Do you have any other comments?

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Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities taught me how to create a road map for the journey of re-

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<td>Neither Agree or Disagree</td>
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Today’s activities taught me skills for preventing relapse.

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Today’s activities taught me skills for identifying early warning signs of relapse.

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Today’s activities taught me how to understand how seemingly irrelevant decisions can contribute to relapse.

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<td>Agree</td>
<td>Strongly Agree</td>
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</tbody>
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I feel better prepared to take action steps toward preventing relapse in my life.

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</tbody>
</table>

What did you like about today’s session?

What did you not like about today’s session?

Do you have any other comments?

Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities taught me skills to improve my coping.

Today’s activities taught me skills for stress management.

Today’s activities taught me skills for healthier eating.

I feel better prepared to reduce stress and eat healthier.

What did you like about today’s session?

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_________________________________________________________________________________________

What did you not like about today’s session?

_________________________________________________________________________________________
_________________________________________________________________________________________

Do you have any other comments?

_________________________________________________________________________________________
_________________________________________________________________________________________

Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities taught me skills to identify what is and what is not controllable.

\[ \begin{align*} &1 \quad 2 \quad 3 \quad 4 \quad 5 \\
&\text{Strongly Disagree} \quad \text{Disagree} \quad \text{Neither Agree or Disagree} \quad \text{Agree} \quad \text{Strongly Agree} \end{align*} \]

Today’s activities taught me skills to understand when to let go and when to take action.

\[ \begin{align*} &1 \quad 2 \quad 3 \quad 4 \quad 5 \\
&\text{Strongly Disagree} \quad \text{Disagree} \quad \text{Neither Agree or Disagree} \quad \text{Agree} \quad \text{Strongly Agree} \end{align*} \]

Today’s activities taught me skills to identify my own personal source of strength.

\[ \begin{align*} &1 \quad 2 \quad 3 \quad 4 \quad 5 \\
&\text{Strongly Disagree} \quad \text{Disagree} \quad \text{Neither Agree or Disagree} \quad \text{Agree} \quad \text{Strongly Agree} \end{align*} \]

Today’s activities increased my motivation for change.

\[ \begin{align*} &1 \quad 2 \quad 3 \quad 4 \quad 5 \\
&\text{Strongly Disagree} \quad \text{Disagree} \quad \text{Neither Agree or Disagree} \quad \text{Agree} \quad \text{Strongly Agree} \end{align*} \]

I feel better prepared to take action steps toward working the 12 Steps in my life.

\[ \begin{align*} &1 \quad 2 \quad 3 \quad 4 \quad 5 \\
&\text{Strongly Disagree} \quad \text{Disagree} \quad \text{Neither Agree or Disagree} \quad \text{Agree} \quad \text{Strongly Agree} \end{align*} \]

What did you like about today’s session?

_________________________________________________________________________________________

What did you not like about today’s session?

_________________________________________________________________________________________

Do you have any other comments?

_________________________________________________________________________________________

Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities gave me a better understanding of the consequences of stigma.

Today’s activities taught me skills to decrease the power of the “addict” self identity.

Today’s activities taught me how to identify and connect with my “core/ideal” self.

Today’s activities taught me skills to build a healthier and non-drug using lifestyle.

I feel better prepared to live a healthier, non-drug using life.

What did you like about today’s session?

What did you not like about today’s session?

Do you have any other comments?

Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities taught me to understand the source and consequences of helplessness.

Today’s activities taught me skills to identify situations in which I can become empowered.

Today’s activities taught me how to assess if I am ready to change.

Today’s activities increased my motivation to pursue a healthy lifestyle.

I feel better prepared to decide if I am ready to pursue a healthier lifestyle.

What did you like about today’s session?

_________________________________________________________________________________________

What did you not like about today’s session?

_________________________________________________________________________________________

Do you have any other comments?

_________________________________________________________________________________________

Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities gave me a better understanding of the stages of grief.

Today’s activities taught me skills to better understand and manage anger and depression.

Today’s activities taught skills to face and cope with fear.

Today’s activities taught me skills to identify and prioritize that which has personal meaning to me.

I feel better prepared to manage anger and depression, and cope with fear.

What did you **like** about today’s session?

What did you **not like** about today’s session?

Do you have any other comments?

Thank you for your input.
Please take a moment to give us your input on today’s session.

Today’s activities taught me skills to identify and maintain healthy social relationships.

[1 2 3 4 5]
Strongly Disagree Disagree Neither Agree or Disagree Agree Strongly Agree

Today’s activities taught me skills to identify and engage in healthy social activities.

[1 2 3 4 5]
Strongly Disagree Disagree Neither Agree or Disagree Agree Strongly Agree

I feel better prepared to identify healthy social relationships and to participate in healthy social activities.

[1 2 3 4 5]
Strongly Disagree Disagree Neither Agree or Disagree Agree Strongly Agree

What did you like about today’s session?

________________________________________________________________________________________

________________________________________________________________________________________

What did you not like about today’s session?

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________________________________________________________________________________________

Do you have any other comments?

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Thank you for your input.