



State of New Jersey
Chris Christie, Governor

List of Programs

NJHelps knows about the programs listed below. *NJHelps* can tell you whether your family might be able to get help from any of these programs. Click on the program name for a description of the program. Click on the "Continue" button to begin to screen for eligibility.

Food and Nutrition

- [Food Stamps](#)
- [Women, Infants, and Children Services](#)
- [EndHungerNJ](#)

Child and Family Resources

- [Work First New Jersey \(TANF\)](#)
- [New Jersey Cares for Kids \(Child Care Assistance\)](#)
- [Kinship Navigator program \(Assistance for Relative Caregivers\)](#)
- [Federal Earned Income Tax Credit](#)
- [NJ Earned Income Tax Credit](#)
- [Catastrophic Illness in Children Relief Fund](#)

Income Support for Adults

- [Work First New Jersey \(General Assistance\)](#)

Health Insurance

- [Medicaid](#)
- [NJ FamilyCare](#)
- [Medicare and Medicare Savings](#)

Need Help Finding Affordable Housing?

- [New Jersey Housing Resource Center](#)

Need Help Paying Your Mortgage or Preventing Foreclosure?

- [NJ Home Ownership Preservation Effort \(NJ HOPE\)](#)

Utility Assistance

- [Low Income Home Energy Assistance \(LIHEAP\)](#)
- [Lifeline](#)
- [The Universal Service Fund \(USF\)](#)

Seniors and People With Disabilities

- [Senior Gold Prescription Discount Program](#)
- [Pharmaceutical Assistance to the Aged and Disabled \(PAAD\)](#)
- [AIDS Drug Distribution Program](#)
- [Hearing Aid Assistance to the Aged and Disabled \(HAAAD\)](#)
- [Community Resources for People with Disabilities \(CRPD\) Waiver](#)
- [Jersey Assistance for Community Caregiving \(JACC\)](#)
- [NJ WorkAbility](#)
- [AIDS Community Care Alternatives Program](#)
- [Traumatic Brain Injury \(TBI\) Waiver Program](#)
- [Senior Freeze - Property Tax Relief](#)
- [Global Options \(GO\) for Long Term Care](#)

Employment and Training Assistance

- [One Stop Career Center](#)
- [Workforce Investment Act Training Programs](#)
- [Workforce Development Partnership Training](#)
- [Self Employment Assistance](#)
- [New Jersey Youth Corps](#)

Information can be accessed in English or Spanish here:

<http://mynjhelps.org/go>