

NEW JERSEY HIV/AIDS REPORT

December 31, 2009



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Kim Guadagno
Lt. Governor

Public Health Services Branch
Division of HIV/AIDS Services
...preventing disease with care



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Division of HIV/AIDS Services

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Telephone (609) 984-5940 e-mail aids@doh.state.nj.us

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Highlights

- Cumulative HIV/AIDS cases in New Jersey exceeded 73,800 cases by the end of December 2009. Over 53,000 are AIDS cases and more than 20,000 are HIV (not AIDS) cases (Page 6-7).
- By the end of 2009, 35,012 people were reported living with HIV or AIDS in New Jersey.
- Minorities account for 76% of adult/adolescent cumulative HIV/AIDS cases and 78% of all persons living with HIV/AIDS (Page 8).
- Injection drug use and sexual contact remain the major modes of exposure to HIV infection. The proportion of reported cases with HIV/AIDS who were exposed through injection drug use (IDU) is lower than in the past, while the proportion of cases that were exposed through sexual contact is increasing (Page 10).
- Slightly more than three out of four persons living with HIV/AIDS are 40 years of age or older (Page 12).
- Thirty-five percent of those living with HIV/AIDS are females; 62% of females living with HIV/AIDS are currently 20-49 years old (Page 12).
- The number of annual pediatric infections has dropped over 95% (Page 14) since 1993.

Featured Articles

This report features an update on the IMPACT initiative.

Special Features

The map on page 6-7 features a complete reporting of HIV/AIDS cases, pediatric HIV/AIDS infections, and perinatal exposure by county.

Copies of this report are available on the NJDHSS' website at www.state.nj.us/health. The website also contains complete county and municipal reports.

MISSION STATEMENT



The Division of HIV/AIDS Services' (DHAS) mission is to prevent, treat, and reduce the spread of HIV in New Jersey. In keeping with this mission, the DHAS will monitor the epidemic and assure through its resources that individuals who are at risk or infected with HIV have access to culturally competent, community-based networks that provide qualitative and comprehensive services.

Introduction

The purpose of this report is to provide data that can be used for monitoring the epidemic and for planning services and prevention activities. All data in this report are based on cases that were reported to the Division of HIV/AIDS Services (DHAS) through December 31, 2009. A description of how these data are collected can be found in the June 2002 HIV and AIDS Surveillance Report. This is available on the NJDHSS' website at www.state.nj.us/health/aids/aidsqtr.shtml. If you would prefer to receive this report by e-mail contact us at aids@doh.state.nj.us and we will e-mail you a link to the report.

What can I find in this report?

Epidemiology

Adult/Adolescent HIV/AIDS cases in each age group, in each racial/ethnic group, and for each HIV/AIDS exposure category by gender for the most recent year, as well as cumulatively.

These tables show all adult/adolescent persons reported with HIV infection including those who have progressed to AIDS whether living or deceased. As new therapies become available, a larger percentage of cases will remain HIV positive for longer periods of time before developing AIDS. Looking at both HIV and AIDS status provides a more complete picture of the history of infection in the state than does data about AIDS alone. It is also important to note that cases reported in the past 12 months may have been diagnosed in previous years, but due to data transmission were only recently tabulated.

Persons *living* with HIV or AIDS for each gender by age group, in each racial/ethnic group, and for each exposure category.

These data show where the epidemic is now and where services are most needed.

Pediatric HIV/AIDS and Exposures

These data show the number of individuals diagnosed while under the age of 13. The data include information on perinatal exposures and other pediatric infections.

HIV Prevention, Care and Treatment Services

Updated data is presented for services provided through state funding, the Ryan White CARE Act, and the CDC funded HIV Prevention Cooperative Agreement.

Modified Risk Exposure Hierarchy

Although we usually cannot determine exactly how or when a person was infected, it is possible to determine which behaviors exposed an individual to HIV infection. In the 1980s the Centers for Disease Control and Prevention (CDC) established a hierarchy to categorize modes of exposure for persons reported with AIDS based on their risk exposures. Behaviors most likely to lead to infection are higher in the hierarchy than those less likely to lead to infection. This hierarchy is described at www.cdc.gov/hiv/stats/hasr1402/technotes.htm.

Beginning in the June 2004 report, we began to use a modified risk hierarchy. Heterosexual contact with a person of unknown status was reported as “heterosexual contact with partners of unknown HIV risk.” Prior to that, these cases were reported as persons with unknown risk exposure. Heterosexual contact with persons of known risk are reported by the risk status of the partner. Due to improvements in the screening of donated blood, transfusions have been virtually eliminated as an exposure category for HIV infection. In this report, transfusion and hemophilia cases are reported in the “Other/Unknown” category.

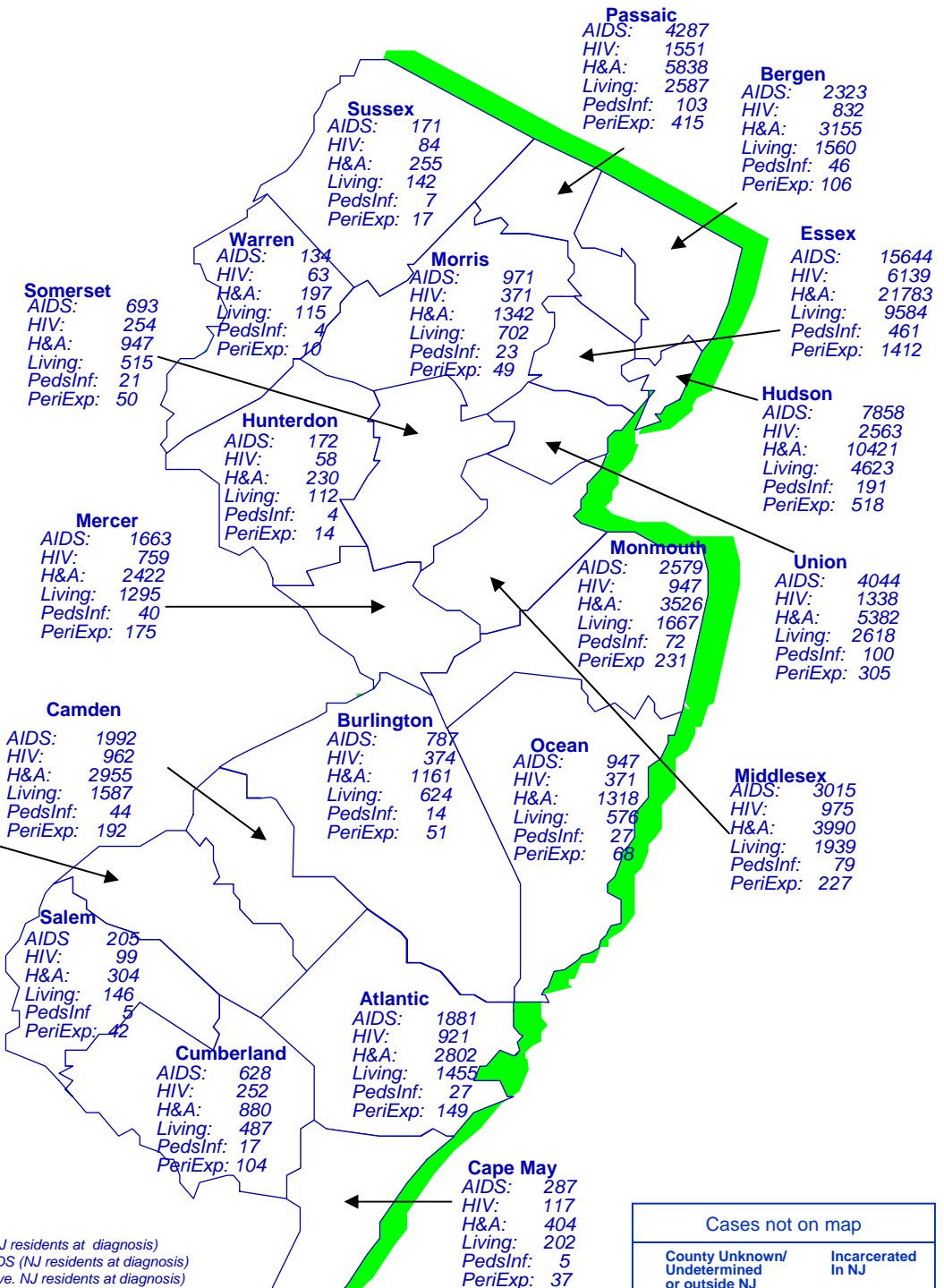
The ascertainment of exposure category is incomplete, especially for cases reported recently. Some cases currently in the “Other/Unknown” category may be categorized later to known exposure categories as follow-up investigations are completed.

What won't this report tell me?

Due to delays between diagnosis of HIV or AIDS and reporting to the DHAS, cases reported during the last 12 months may have been diagnosed in previous years. Also, many cases diagnosed in 2008 and 2009 may not be in this report. It is also important to note that individuals who are infected but not tested and diagnosed are not included in these reports. It is estimated that undiagnosed and unreported cases comprise 21% of all estimated infections. The number of persons living with HIV/AIDS is only an estimate because of incomplete mortality data due to delays in reporting deaths of HIV/AIDS cases, and migration in or out-of-state. Therefore, the reported data underestimate true incidence, prevalence and mortality rates.

CASES OF HIV/AIDS AND PERINATAL HIV EXPOSURE REPORTED AS OF DECEMBER 31, 2009

Statewide Summary Case Counts	
AIDS:	53,420
HIV:	20,444
H&A:	73,864
Living:	35,012
PedsInf:	1,353
PeriExp:	4,217



Legend for Summary Case Counts

- AIDS = AIDS cases (cumulative, NJ residents at diagnosis)
- HIV = HIV Positive Cases, not AIDS (NJ residents at diagnosis)
- H&A = HIV/AIDS Cases (cumulative, NJ residents at diagnosis)
- Living = Persons Living with HIV/AIDS-residence at time of diagnosis
(All Ever-Reported HIV Infection (HIV/AIDS) cases not known dead)
- PedsInf = Pediatric Infections (Child diagnosed with HIV infection; included in HIV/AIDS case counts)
- PeriExp = Perinatal HIV Exposures (Child born to HIV+ mother, child's HIV serostatus is negative or indeterminate; NOT included in HIV/AIDS case counts)

Cases not on map		
	County Unknown/ Undetermined or outside NJ	Incarcerated in NJ
AIDS:	35	2,697
HIV:	99	1,109
H&A:	134	3,806
Living:	126	2,007
PedsInf:	56	1
PeriExp:	20	0

RACE/ETHNICITY DATA

Table 1. New Jersey Adult/Adolescent HIV/AIDS Cases Reported January 2009 - December 2009 (1) and Cumulative Totals as of December 31, 2009 Racial/Ethnic Group by Gender

Adults/ Adolescents (2)	MALE				FEMALE				TOTAL				Percentage of Cumulative Cases Who Are Female
	Jan. 2009- Dec. 2009		Cumulative Total		Jan. 2009- Dec. 2009		Cumulative Total		Jan. 2009- Dec. 2009		Cumulative Total		
	No.	(%)	No.	(%)	No.	(%)	No.	(%)	No.	(%)	No.	(%)	
White	296	26%	13,685	27%	60	12%	3,828	17%	356	22%	17,513	24%	22%
Black	514	45%	25,634	51%	329	66%	14,643	65%	843	51%	40,277	56%	36%
Hispanic	309	27%	10,206	20%	100	20%	3,831	17%	409	25%	14,037	19%	27%
Asian/Pac. Isl.	27	2%	301	1%	9	2%	106	0%	36	2%	407	1%	26%
Other/Unknown	0	0%	186	0%	1	0%	94	0%	1	0%	280	0%	34%
Total	1,146	100%	50,012	100%	499	100%	22,502	100%	1,645	100%	72,514	100%	31%

(1) Includes every new report of HIV infection received during the 12 month period, regardless of stage of disease (HIV or AIDS) at time of first report.

(2) Includes all patients 13 years of age or older at time of first diagnosis. Patients with missing specific age at diagnosis were not included.

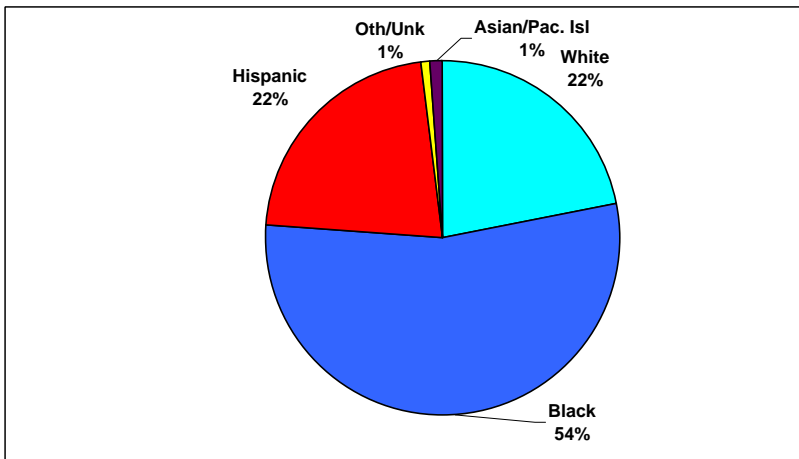
Note: Percentages may not add to 100 due to rounding.

Table 2. New Jersey Residents Living with HIV/AIDS as of December 31, 2009 Racial/Ethnic Group by Gender

Race/Ethnicity	MALE		FEMALE		TOTAL		Percentage of Prevalent Cases Who Are Female
	No.	(%)	No.	(%)	No.	(%)	
	White	5,738	25%	1,965	16%	7,703	
Black	11,192	49%	7,821	64%	19,013	54%	41%
Hispanic	5,372	24%	2,347	19%	7,719	22%	30%
Asian/Pac. Isl.	234	1%	91	1%	325	1%	28%
Other/Unknown	164	1%	88	1%	252	1%	35%
Total	22,700	100%	12,312	100%	35,012	100%	35%

Note: Percentages may not add to 100 due to rounding

Figure 1. Percent Living with HIV/AIDS by Ethnicity



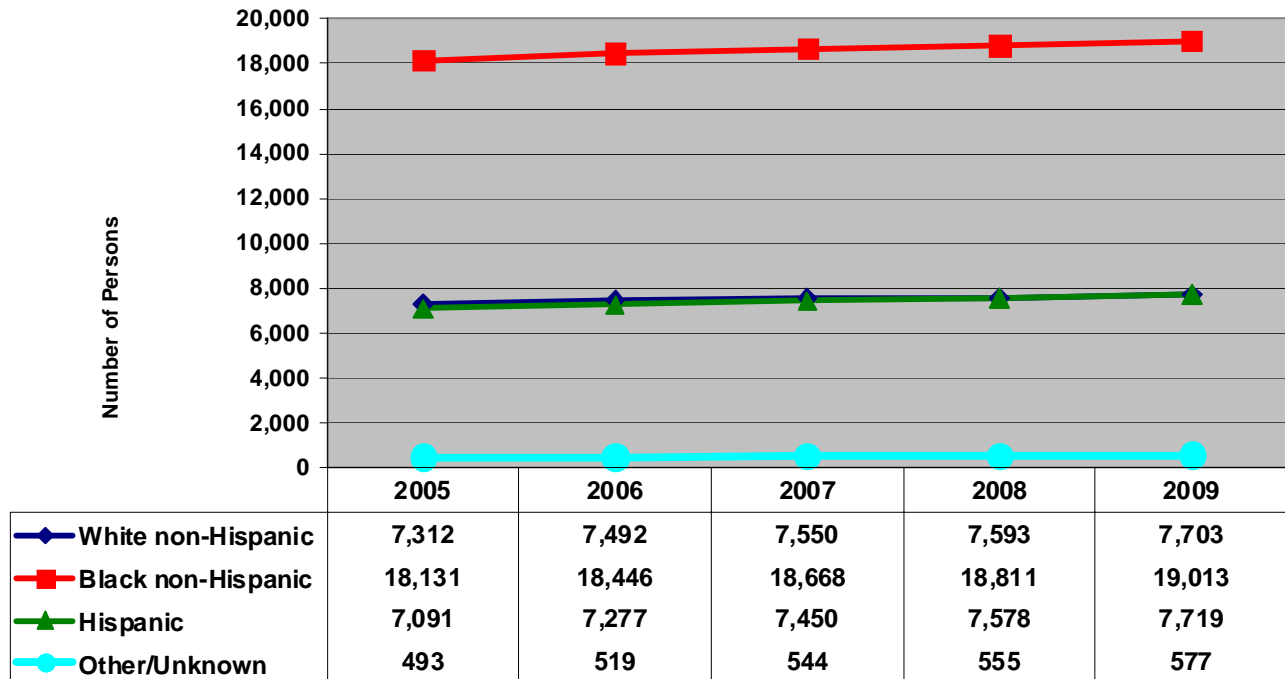
Minorities continue to account for 76% of the cumulative adult/adolescent HIV/AIDS cases.

Thirty-one percent of the cumulative HIV/AIDS cases are women.

Over half of persons living with HIV/AIDS are non-Hispanic Blacks.

Thirty-five percent of those living with HIV/AIDS are females. Slightly more than four out of five females living with HIV/AIDS are minorities.

**Figure 2. Estimated Persons Living with HIV/AIDS
in New Jersey by Race/Ethnicity
2005-2009**



Source: New Jersey HIV/AIDS Reporting System as of 12/31/2009.

Estimated Rates of Persons Living with HIV/AIDS in New Jersey as of December 31, 2009

One in 62 Black non-Hispanics were living with HIV/AIDS.

One in 184 Hispanics were living with HIV/AIDS.

One in 701 White non-Hispanics were living with HIV/AIDS.

Source: New Jersey HIV/AIDS Reporting System as of December 31, 2009 and bridged-Race population estimates September 2008.



A pattern of disparity of HIV/AIDS among racial/ethnic groups has been relatively consistent for the past five years. The estimated rates of persons living with HIV/AIDS by race/ethnicity in New Jersey as of December 31, 2009, further illustrate this disparity.

HIV EXPOSURE CATEGORY DATA

Table 3. New Jersey Adult/Adolescent (1) HIV/AIDS Cases Reported January 2009-December 2009 (2) and Cumulative Totals as of December 31, 2009 Modified Exposure Category by Gender

Modified Exposure Category (3)	MALE				FEMALE				TOTAL				% of Cum. Cases Female
	Jan. 2009- Dec. 2009		Cumulative Total		Jan. 2009- Dec. 2009		Cumulative Total		Jan. 2009- Dec. 2009		Cumulative Total		
	No.	(%)	No.	(%)	No.	(%)	No.	(%)	No.	(%)	No.	(%)	
MSM (4)	449	39%	14,621	29%	0	0%	0	0%	449	27%	14,621	20%	0%
IDU (4)	86	8%	18,982	38%	42	8%	8,540	38%	128	8%	27,522	38%	31%
MSM/IDU	10	1%	2,278	5%	0	0%	0	0%	10	1%	2,278	3%	0%
Heterosexual contact with partner(s):													
- injection drug user	13	1%	892	2%	12	2%	2,832	13%	25	2%	3,724	5%	76%
- bisexual male	0	0%	0	0%	5	1%	195	1%	5	0%	195	0%	100%
- HIV infection, risk Other/Unknown	66	6%	3,281	7%	98	20%	4,813	21%	164	10%	8,094	11%	59%
- partner(s) of unknown HIV risk (5)	282	25%	5,744	11%	243	49%	4,511	20%	525	32%	10,255	14%	44%
Other/Unknown (6)	240	21%	4,214	8%	99	20%	1,611	7%	339	21%	5,825	8%	28%
Total number of individuals	1,146	100%	50,012	100%	499	100%	22,502	100%	1,645	100%	72,514	100%	31%

- (1) Includes all patients 13 years of age or older at time of diagnosis. Patients with missing specific age at diagnosis were not included.
 (2) Includes every new report of HIV infection received during the 12 month period, regardless of stage of disease (HIV or AIDS) at time of first report.
 (3) Cases with more than one risk factor, other than the MSM/IDU combination listed in the table, are tabulated only in the group listed first. The heterosexual contact exposure category has been modified to include contact with partners of unknown HIV risk (see note 5).
 (4) MSM = male-to-male sex. IDU = injection drug use.
 (5) Includes patients with no other risk identified who had heterosexual contact with partner(s) whose HIV infection risk is undocumented/unknown.
 (6) Includes patients who received transfusion, transplant or hemophilia treatment, whether or not blood products were documented to be HIV infected; patients with pediatric HIV exposures; and patients with no reported HIV exposure.

Note: Percentages may not add to 100 due to rounding.

Table 4. New Jersey Residents Living with HIV or AIDS as of December 31, 2009 Modified Exposure Category by Gender

Modified Exposure Category (1)	MALE		FEMALE		TOTAL		% of Cases Female
	No.	(%)	No.	(%)	No.	(%)	
MSM (2)	7,413	33%	0	0%	7,413	21%	0%
IDU (2)	5,429	24%	3,074	25%	8,503	24%	36%
MSM/IDU	802	4%	0	0%	802	2%	0%
Heterosexual contact with partner(s):							
- injection drug user	392	2%	1,305	11%	1,697	5%	77%
- bisexual male	0	0%	123	1%	123	0%	100%
- HIV infection, risk Other/Unknown	1,993	9%	3,152	26%	5,145	15%	61%
- partner(s) of unknown HIV risk (3)	3,775	17%	3,261	26%	7,036	20%	46%
Other/Unknown (4)	2,896	13%	1,397	11%	4,293	12%	33%
Total number of individuals	22,700	100%	12,312	100%	35,012	100%	35%

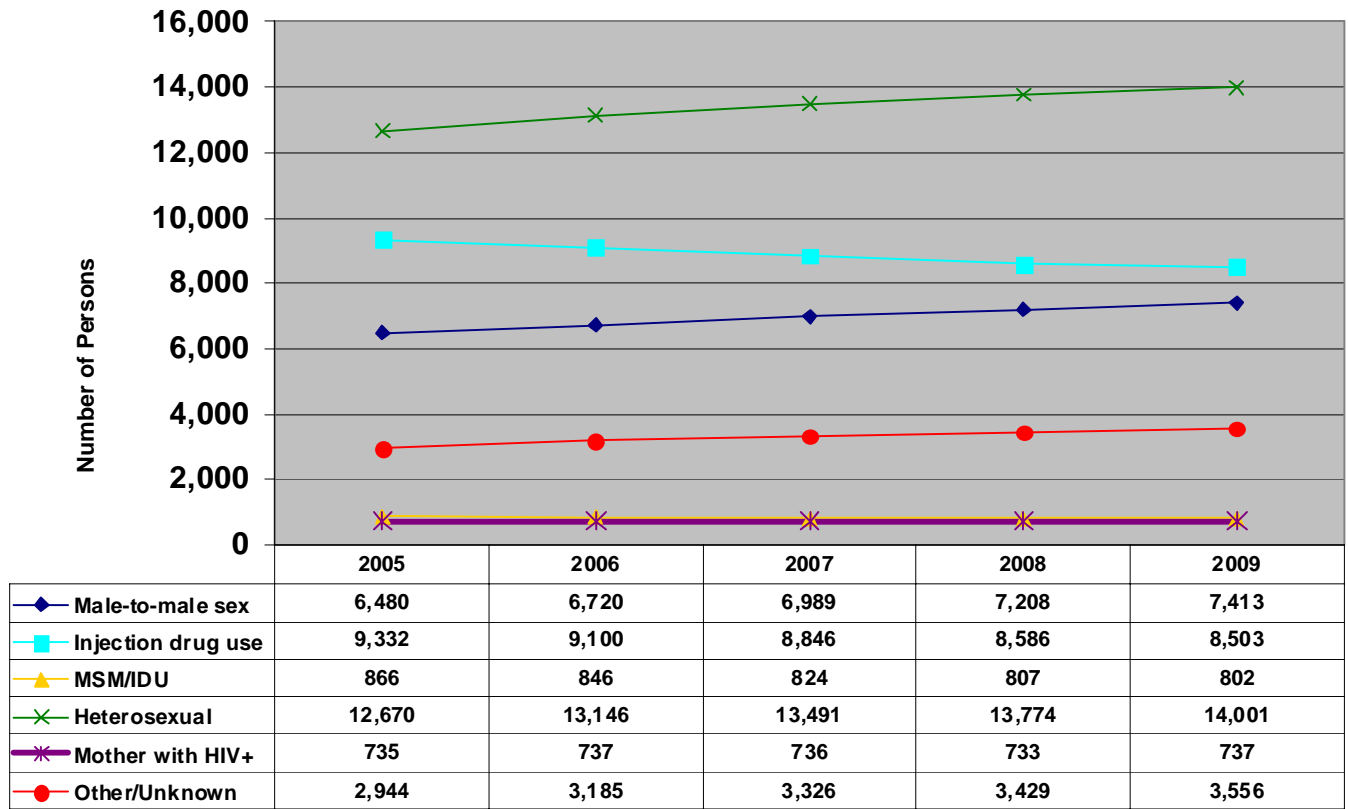
- (1) Cases with more than one risk factor, other than the MSM/IDU combination listed in the table, are tabulated only in the group listed first. The heterosexual contact exposure category has been modified to include contact with partners of unknown HIV risk (see note 3).
 (2) MSM = male-to-male sex. IDU = injection drug use.
 (3) Includes patients with no other risk identified who had heterosexual contact with partner(s) whose HIV infection risk is undocumented/unknown.
 (4) Includes patients who received transfusion, transplant or hemophilia treatment, whether or not blood products were documented to be HIV infected; patients with pediatric HIV exposures; and patients with no reported HIV exposure.

Note: Percentages may not add to 100 due to rounding.



Thirty-eight percent of all cumulative adult/adolescent HIV/AIDS cases were exposed by IDU, 30% by heterosexual contact, and 20% by male-to-male sex. Only 8% of cumulative cases (and 21% of cases recently reported in the last 12 months) were exposed through another risk factor, or had no risk exposure reported.

Figure 3. Estimated Persons Living with HIV/AIDS in New Jersey by Modified Exposure Category 2005-2009



Source: New Jersey HIV/AIDS Reporting System as of December 31, 2009.



The number of people living with HIV/AIDS who were exposed through injection drug use (IDU) has shown a downward trend between 2005 and 2009 as the number of people living with HIV/AIDS who were exposed through male-to-male sex (MSM) or heterosexual contact (*modified category – see p. 5*) has continued to increase. The rate of increase for heterosexual contact is steeper. The number of individuals living with HIV/AIDS who were infected perinatally (born to an HIV+ mother) has remained relatively stable over this period. The number of cases with an unknown mode of exposure is higher in recent years, because data about mode of exposure is often established by investigations years after the original case is reported.

Table 5. New Jersey Adult/Adolescent HIV/AIDS Cases Reported January 2009 - December 2009 (1) and Cumulative Totals as of December 31, 2009
Age at Diagnosis by Gender

Known Age at Diagnosis	MALE				FEMALE				TOTAL				Percentage of Cumulative Cases Who Are Female
	Jan. 2009- Dec. 2009		Cumulative Total		Jan. 2009- Dec. 2009		Cumulative Total		Jan. 2009- Dec. 2009		Cumulative Total		
	No.	(%)	No.	(%)	No.	(%)	No.	(%)	No.	(%)	No.	(%)	
13-19	43	4%	527	1%	12	2%	508	2%	55	3%	1,035	1%	49%
20-29	270	24%	8,644	17%	93	19%	5,402	24%	363	22%	14,046	19%	38%
30-39	291	25%	21,048	42%	148	30%	9,597	43%	439	27%	30,645	42%	31%
40-49	327	29%	13,877	28%	144	29%	4,920	22%	471	29%	18,797	26%	26%
Over 49	215	19%	5,916	12%	102	20%	2,075	9%	317	19%	7,991	11%	26%
Total	1,146	100%	50,012	100%	499	100%	22,502	100%	1,645	100%	72,514	100%	31%

(1) Includes every new report of HIV infection received during the 12 month period, regardless of stage of disease (HIV or AIDS) at time of first report.

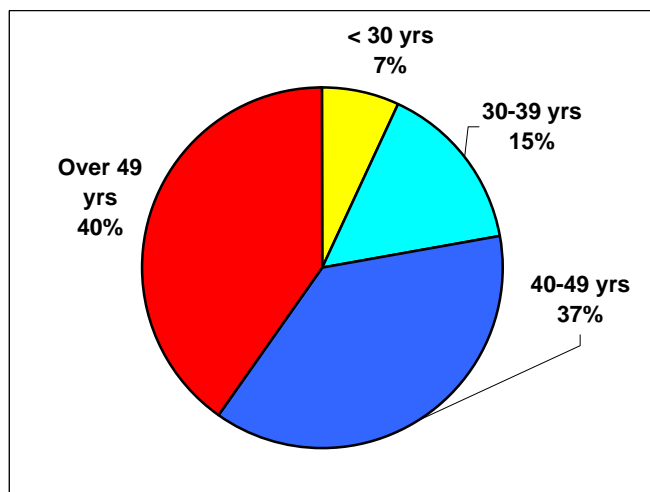
Note: Percentages may not add to 100 due to rounding.

Table 6. New Jersey Residents Living with HIV/AIDS as of December 31, 2009
Current Age by Gender

Current Age	MALE		FEMALE		TOTAL		Percentage of Prevalent Cases Who Are Female
	No.	(%)	No.	(%)	No.	(%)	
0-12	71	0%	76	1%	147	0%	52%
13-19	223	1%	224	2%	447	1%	50%
20-29	1,327	6%	700	6%	2,027	6%	35%
30-39	3,061	13%	2,137	17%	5,198	15%	41%
40-49	8,267	36%	4,803	39%	13,070	37%	37%
Over 49	9,751	43%	4,372	36%	14,123	40%	31%
Total	22,700	100%	12,312	100%	35,012	100%	35%

Note: Percentages may not add to 100 due to rounding.

Figure 4. Percentage Living with HIV/AIDS by Age Group



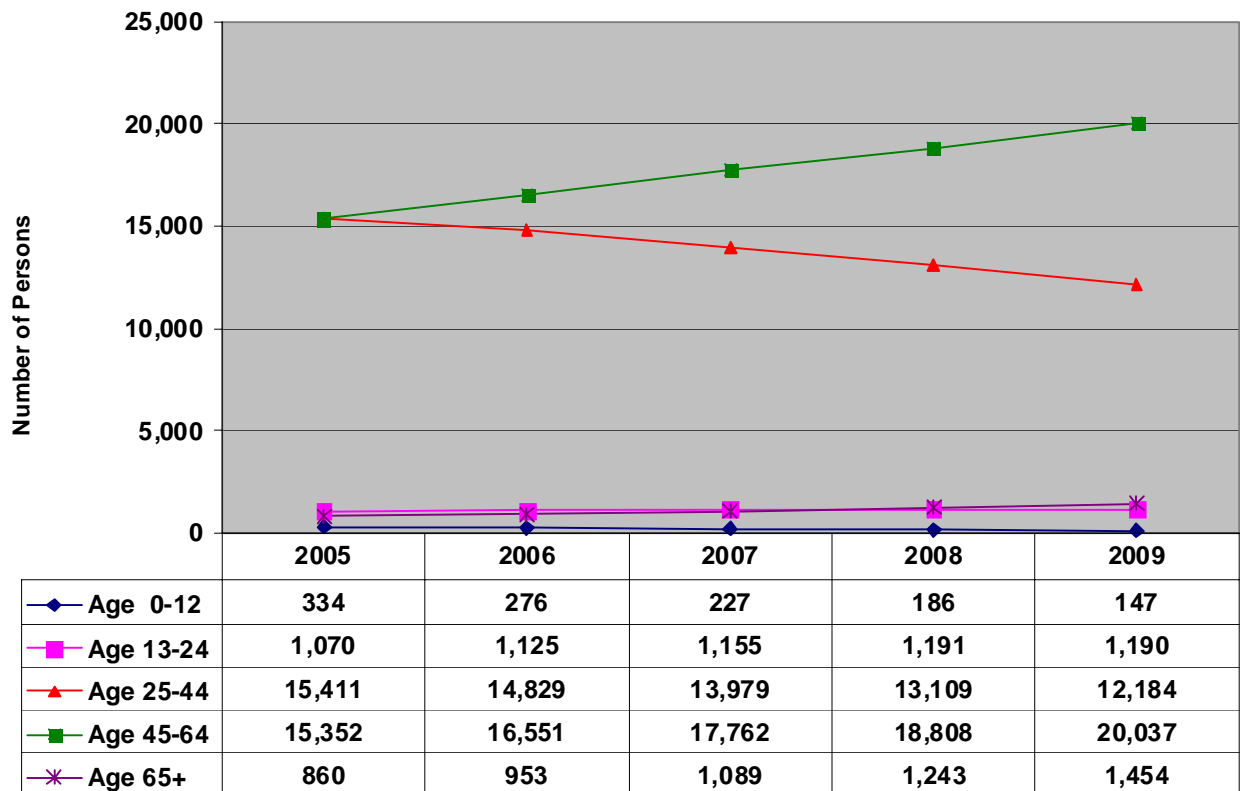
Recently reported cases of adult/adolescent HIV and AIDS are older at diagnosis than previously reported cases.

Seventy-seven percent of those living with HIV or AIDS are 40 years of age or older.

Thirty-five percent of those living with HIV/AIDS are females.

Sixty-two percent of females living with HIV/AIDS are currently 20-49 years old.

Figure 5. Estimated Number of Persons Living with HIV/AIDS in New Jersey by Age Group 2005-2009



Source: New Jersey HIV/AIDS Reporting System as of December 31, 2009.



The relative distribution of persons living with HIV/AIDS for ages younger than 25 has not changed significantly within the last five years, while those aged 25-44 declined in the last years, possibly largely by aging into the next older age group. However, there has been a steady increase in the number of persons living with HIV/AIDS who are 45 to 64 years of age and aged 65+. This increase may be due to the fact that people are living longer with HIV/AIDS, and that recently reported cases of HIV/AIDS are older at diagnosis than in the past.

PEDIATRIC DATA

Table 7. New Jersey Pediatric (1) Cumulative HIV and AIDS Cases Exposure Category (2) by Race/Ethnicity - As of December 31, 2009

Mode of Transmission (2)	White	Black	Hispanic	Other/Not Reported	Total
Mother With/At Risk of HIV (3)	164	854	241	4	1,263
Hemophilia/Coagulation Disorder	10	7	5	0	22
Transfusion/Blood Components	15	3	4	0	22
Risk Not Reported/Other Risk	7	29	8	2	46
Total	196	893	258	6	1,353
% Perinatally Infected	84%	96%	93%	67%	93%

- (1) Includes all patients under 13 years of age at time of HIV infection, who were New Jersey residents or diagnosed in New Jersey.
- (2) Cases with more than one risk, other than the combinations listed, are tabulated only in the risk group listed first.
- (3) Epidemiologic data suggest transmission from an infected mother to her fetus or infant during the perinatal period.

Table 8. New Jersey Born HIV Pediatric Exposures (1) by Current Status and Year of Birth for Children Born 1993-2009 - As of December 31, 2009


Birth Year	Infected (2)		Indeterminate (3)		Seroreverter (4)		Total Reported
	No.	(%)	No.	(%)	No.	(%)	No.
1993	77	21%	86	24%	201	55%	364
1994	56	17%	112	33%	170	50%	338
1995	50	15%	92	28%	188	57%	330
1996	39	13%	67	23%	186	64%	292
1997	33	12%	76	27%	171	61%	280
1998	23	8%	85	28%	195	64%	303
1999	14	6%	64	26%	165	68%	243
2000	15	6%	64	24%	192	71%	271
2001	10	5%	50	23%	155	72%	215
2002	6	3%	55	24%	167	73%	228
2003	8	4%	46	23%	146	73%	200
2004	8	2%	35	16%	173	80%	216
2005	8	2%	35	18%	150	78%	193
2006	2	1%	30	18%	134	81%	166
2007	3	2%	27	18%	123	80%	153
2008*	1	1%	45	24%	143	76%	189
2009*	2	2%	55	60%	34	37%	91

- (1) Exposure - Child was exposed to HIV during pregnancy/delivery.
- (2) Infected - Child is infected with HIV/AIDS.
- (3) Indeterminate - Child was exposed but actual status of infection is unknown.
- (4) Seroreverter - Child was perinatally exposed and proven to be uninfected.
- * Years 2008 and 2009 data is incomplete

Table 9. New Jersey Pediatric Cases Living with HIV/AIDS (1) by Race/Ethnicity and Current Age December 31, 2009

Race/Ethnicity	Current Age							
	< 5 Yrs.		5-12 Yrs.		≥ 13 Yrs.		Total	
	No.	(%)	No.	(%)	No.	(%)	No.	(%)
White	0	0%	11	8%	94	14%	105	13%
Black	12	86%	91	68%	440	67%	543	67%
Hispanic	2	14%	30	23%	124	19%	156	19%
Other	0	0%	1	1%	2	0%	3	0%
Total	14	2%	133	16%	660	82%	807	100%

- (1) Living Pediatric HIV/AIDS cases who were New Jersey residents or diagnosed in New Jersey.



Perinatal transmission has been reduced to less than 3 percent.

Approximately 800 individuals infected perinatally are now approaching adulthood.

Eighty-seven percent of pediatric cases living with HIV/AIDS are minorities.

The IMPACT Initiative

Intensive Mobilization to Promote AIDS Awareness through Community-based Technologies (IMPACT) is a city-by-city community mobilization initiative designed to galvanize and support African American leaders to reduce the spread of HIV/AIDS in cities with the highest prevalence of HIV/AIDS.

**Table 10. African Americans Living with HIV/AIDS:
Number of Cases and Rank
for Ten IMPACT Cities as of December 31, 2009**

Area of Residence	Rank among 10 IMPACT Cities in African American HIV/AIDS Prevalence Rate	Number of African Americans Living with HIV/AIDS	African American Population	Ratio of African Americans Living with HIV/AIDS to Overall African American Resident Population
Newark	1	4,551	142,083	One in 31
Atlantic City	2	499	17,168	One in 34
Jersey City	3	1,512	64,389	One in 43
Elizabeth	4	516	22,329	One in 43
Paterson	5	983	46,882	One in 48
East Orange	6	1,222	61,604	One in 50
Irvington	7	919	48,852	One in 53
Trenton	8	798	43,497	One in 55
Plainfield	9	389	28,698	One in 74
City of Camden	10	424	39,753	One in 94
Ten IMPACT Cities (combined)		11,813	515,255	One in 44

Note: Table includes only those persons known to be infected with HIV. Population figures are based on the 2000 United States Census. Municipal population estimates by race/ethnicity are only available for the Census year. Estimates may overstate changes since only numerators are changing. African American includes single race only, not Hispanic.



Sixty-two percent of the state's African Americans living with HIV/AIDS reside in one of the 10 IMPACT cities. However, these cities show wide variation in HIV/AIDS prevalence.

Newark and Atlantic City have the highest prevalence rates of African Americans living with HIV/AIDS. One in 31 African American residents in Newark, and one in 34 African American residents in Atlantic City, are living with HIV/AIDS.

Nearly one in four African Americans living with HIV/AIDS in the state resides in Newark.

For More Information
go to the
Division of HIV/AIDS Services
Website at:

<http://www.state.nj.us/health/aids>

or call the

New Jersey Department of Health and Senior Services
Division of HIV/AIDS Services
Epidemiologic Services Unit
at
(609) 984-5940