A Different Kind of Support

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NECA AETC – South Jersey Regional Partner
National Survey on Drug Use and Health (NSDUH)
### Table 1. Sexual Orientation Questions in the 2015 National Survey on Drug Use and Health

<table>
<thead>
<tr>
<th>Sexual Attraction¹</th>
<th>Sexual Identity</th>
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<tbody>
<tr>
<td>People are different in their sexual attraction to other people. Which statement best describes your feelings?</td>
<td>Which one of the following do you consider yourself to be?</td>
</tr>
<tr>
<td>- I am only attracted to males</td>
<td>- Heterosexual, that is, straight</td>
</tr>
<tr>
<td>- I am mostly attracted to males</td>
<td>- (If female respondent) Lesbian or Gay</td>
</tr>
<tr>
<td>- I am equally attracted to males and females</td>
<td>- (If male respondent) Gay</td>
</tr>
<tr>
<td>- I am mostly attracted to females</td>
<td>- Bisexual</td>
</tr>
<tr>
<td>- I am only attracted to females</td>
<td>- I am not sure</td>
</tr>
</tbody>
</table>

¹ The table shows the response options for the sexual attraction question for female respondents. For male respondents, the response options were presented in reverse order (i.e., from "I am only attracted to females" to "I am only attracted to males"), except for "I am not sure."
2015 NSDUH

Figure 1. Sexual Identity among Adults Aged 18 or Older: Percentages, 2015

Sexual Majority 94.0%

Any Sexual Minority 4.3%
Unknown 1.7%

Note: Any Sexual Minority includes adults who identified as being lesbian or gay (1.8 percent) or bisexual (2.5 percent). Sexual Majority includes adults who identified as being heterosexual or straight. Unknown includes adults who did not know or refused to report their sexual identity (0.6 and 1.0 percent, respectively) or who had other missing data (0.1 percent).
Past Year Illicit Use by Drug Type

Figure 2. Past Year Illicit Drug Use among Sexual Minority and Sexual Majority Adults Aged 18 or Older, by Drug Type: Percentages, 2015

- Any Illicit Drug: 39.1%
- Marijuana: 30.7%
- Misuse of Prescription Pain Relievers: 10.4%
- Misuse of Prescription Tranquilizers: 5.9%
- Cocaine: 5.1%
- Hallucinogens: 5.0%
- Misuse of Prescription Stimulants: 4.2%
- Inhalants: 3.7%
- Methamphetamine: 2.3%
- Misuse of Prescription Sedatives: 1.2%
- Heroin: 0.9%

* Difference between this estimate and the sexual majority estimate is statistically significant at the .05 level.

Note: Sexual minority adults identified as being lesbian, gay, or bisexual. Sexual majority adults identified as being heterosexual or straight.
Past Year Illicit Use by Age & Gender

Figure 3. Past Year Illicit Drug Use among Sexual Minority and Sexual Majority Adults Aged 18 or Older, by Age Group and Sex: Percentages, 2015

* Difference between this estimate and the sexual majority estimate is statistically significant at the .05 level.

Note: Sexual minority adults identified as being lesbian, gay, or bisexual. Sexual majority adults identified as being heterosexual or straight.
Past Month Cigarette Use by Age & Gender

Figure 6. Past Month Cigarette Use among Sexual Minority and Sexual Majority Adults Aged 18 or Older, by Age Group and Sex: Percentages, 2015

- Total 18 or Older: 32.2%
- 18 to 25: 20.6%
- 26 or Older: 25.5%
- Male: 28.9%
- Female: 34.2%
- Male: 23.6%
- Female: 17.8%

*Difference between this estimate and the sexual majority estimate is statistically significant at the .05 level.
Note: Sexual minority adults identified as being lesbian, gay, or bisexual. Sexual majority adults identified as being heterosexual or straight.
Substance Use Disorder in Past Year

Figure 11. Substance Use Disorder in the Past Year among Sexual Minority and Sexual Majority Adults Aged 18 or Older: Percentages, 2015

- Illicit Drug or Alcohol Use Disorder: 7.8% (Sexual Minority), 2.6% (Sexual Majority)
- Alcohol Use Disorder: 10.8% (Sexual Minority), 6.1% (Sexual Majority)
- Marijuana Use Disorder: 3.9% (Sexual Minority), 1.3% (Sexual Majority)
- Pain Reliever Use Disorder: 2.0% (Sexual Minority), 0.7% (Sexual Majority)

* Difference between this estimate and the sexual majority estimate is statistically significant at the .05 level.

Note: The estimated percentages of people with substance use disorders are not mutually exclusive because people could have use disorders for more than one substance.

Note: Sexual minority adults identified as being lesbian, gay, or bisexual. Sexual majority adults identified as being heterosexual or straight.
Any Mental Illness in the Past Year by Age & Gender

![Bar chart showing the percentage of sexual minority and sexual majority adults aged 18 or older who have experienced any mental illness in the past year by age group and sex. The chart includes data for the total age group, 18 to 25, 26 or older, male, and female, and compares sexual minority and sexual majority groups.](chart_image)

- Difference between this estimate and the sexual majority estimate is statistically significant at the .05 level.

Note: Sexual minority adults identified as being lesbian, gay, or bisexual. Sexual majority adults identified as being heterosexual or straight.
Serious Mental Illness in the Past Year by Age & Gender

Figure 14. Serious Mental Illness in the Past Year among Sexual Minority and Sexual Majority Adults Aged 18 or Older, by Age Group and Sex: Percentages, 2015

Note: Sexual minority adults identified as being lesbian, gay, or bisexual. Sexual majority adults identified as being heterosexual or straight.

* Difference between this estimate and the sexual majority estimate is statistically significant at the .05 level.
Received Mental Health Services in the Past Year by Age & Gender

Figure 16. Received Mental Health Services in the Past Year among Sexual Minority and Sexual Majority Adults Aged 18 or Older, by Age Group and Sex: Percentages, 2015

+ Difference between this estimate and the sexual majority estimate is statistically significant at the .05 level.

Note: Sexual minority adults identified as being lesbian, gay, or bisexual. Sexual majority adults identified as being heterosexual or straight.
Major Depressive Episode

Figure 18. Major Depressive Episode (MDE) and MDE with Severe Impairment in the Past Year among Sexual Minority and Sexual Majority Adults Aged 18 or Older: Percentages, 2015

- MDE: 18.2% for Sexual Minority, 6.2% for Sexual Majority
- MDE with Severe Impairment: 13.1% for Sexual Minority, 3.9% for Sexual Majority

* Difference between this estimate and the sexual majority estimate is statistically significant at the .05 level.
Note: Sexual minority adults identified as being lesbian, gay, or bisexual. Sexual majority adults identified as being heterosexual or straight.
Available?
The response?
Stigma Elimination
HIV-related Stigma

HIV Stigma Scars
Heal the Pain. End the Shame.

Learn how to stop HIV stigma at:
camba.org/antistigma
facebook.com/cambainc

“THE MORE HIV TREATMENTS IMPROVED, THE WIDER THE VIRAL DIVIDE BECAME.”
Intersectionality
Stigma Elimination

- Measurement of stigma in the care environment
- Review Organizational Policies
- Assembling Stigma Action Workgroup
- Conducting stigma awareness and skills-building workshops
- Develop a shared Code of Ethics
- Monitor ongoing indicators
Think Holistically

Holistic Approach

MIND

BODY

SPIRIT
Comprehensive Home
Utilize Health Insurance Access
Behavioral Health

What can I do to manage behavior?
Managing ... now.

Mind Full, or Mindful?
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